



«APPROVED»

President of IPCSPO «League of self-defense «SUNAO»

\_\_\_\_\_/Z.G. Nunga /

«AGREED»

Managing director of DSA «Leader Sport»

L.V. Deryagin

## Regulation

on holding an open international tournament of self-defense SUNAO

*«SUNAO Fighting Championship 5,  
dedicated to the Day of Heroes of the Fatherland»*

**RUSSIA, Saint Petersburg**

**22.12.2019**

## **1. OBJECTIVES**

- 1.1. Popularization and development of self-defence SUNAO.
- 1.2. Formation of a healthy lifestyle, prevention of attack and drug addiction, by attracting the masses to systematic martial arts.
- 1.3. Fostering a sense of patriotism and spirituality among the younger generation.
- 1.4. Improving the sportsmanship of the participants, the professionalism of judges and coaches.
- 1.5. Development and strengthening of sports ties with other countries, regions of Russia and federations.
- 1.6. Preparation of the young generation for service in the armed forces of the Russian Federation.

## **2. PLACE AND DATES**

2.1. Amateur open international tournament on self-defense SUNAO "SUNAO Fighting Championship 5, dedicated to the day of heroes of the Fatherland" will be held on December 22, 2019, in the sport club "LEADER SPORT" at:  
Russia, St. Petersburg, prospect Engelsa, 154, Trade Entertainment Complex "Grand Canyon".

### **2.2. Event program:**

December 20, 2019

League of self-defense «SUNAO». Address: St. Petersburg, Ligovsky prospect 80.

15:00-17:00 – credential Commission and **mandatory weighing of participants from 18 years**

17:30-18:00 – refereeing seminar

18:00-19:00 – the draw

December 22, 2019

Sport club "LEADER SPORT"

10:00-10:15 – formation of all participants and opening of the tournament

10:15-12:45 – preliminary fights on a tatami and **selective weighing of participants till 18 years**

13:00-13:30 – official Grand opening of the tournament

13:30-15:30 – preliminary fights

15:30-15:45 – break

15:45-17:15 – continuation of tournament and final fights

17:30-18:00 – rewarding

## **3. THE MANAGEMENT OF COMPETITIONS**

3.1. The General management in charge of preparation and conduct of the competitions is carried out by the organizing Committee of interregional League of self-defense "SUNAO", with the support of the St. Petersburg regional branches of the Russian Union of Martial Arts (RUMA) and the All-Style Karate Federation of Russia (ASKFR).

3.2. Responsibility for safety, preparation of the competitions facilities, healthcare is assigned to the management in charge of preparation and conduct of competitions.

3.3. Chief justice: **Zhorzh Gi Nunga**.

3.4. Deputy chief judge: **Dmitry Zakusilo**.

3.5. Chief Secretary: **Raisa Mikhalkina**.

3.6. Senior site judges will be appointed at the referee workshop.

## **4. TERMS OF PARTICIPANTS AND JUDGES ACCEPTANCE**

**4.1. Athletes of any styles and organizations with medical clearance and insurance are allowed.**

**4.2. Competitions are held among beginners (up to 3 category) and rated athletes (starting from 2 category) separately.**

4.3. During the time of passage of the credentials committee each participant must have the following documents:

4.3.1. An application request from parents with the consent to participate in the competitions of a child under 18 years old (see Annex No. 2) or an application request from the participant (reached 18 years old) with the consent to participate in competitions (see Annex No. 3).

4.3.2. Passport or any other identification document with photo;

4.3.3. Classification book of categories of the Federation of All-Style Karate of Russia (if any) or passport of a fighter of the League of self-defense "SUNAO" (if any);

4.3.4. Compulsory Medical Insurance Policy (MHI);

4.3.5. Accident insurance policy for combat sports competitions. In case of the insurance absence, it can be issued by the representative of the insurance company at the location;

4.3.6. Admission to participate in the competition from a medical exercises dispensary physician, signed no later than 7 days before the competition (see Annex No. 1);

4.3.7. The original application for participation signed by the head of the organization (see Annex No. 1) or a personal participation application;

4.4. Each participant admitted to the competition must have:

4.4.1. Karate suit of white color;

4.4.2. Opened gloves in accordance with the approved rules of the League of self-defense "SUNAO";

4.4.3. Shin guards in accordance with the approved rules of the League of self-defense "SUNAO";

4.4.2. Groin guard for boys with the approved rules of the League of self-defense "SUNAO";

4.4.3. Chest guard for girls with the approved rules of the League of self-defense "SUNAO";

4.5. **Preliminary applications (for filling forms see App No. 1) for participation in the competition must be submitted by mail: [liga.sunao@mail.ru](mailto:liga.sunao@mail.ru) until 18th December 2019!**

**Contact telephone for questions:**

+ 7-950-01-01-222 – Secretariat of the Interregional League of self-defense "SUNAO"

**4.6. Each team (more than 10 participants) must provide a representative for the referee seminar and participation in the referee board of the competition.**

4.7. According to the decision of the Presidium of the Interregional League of self-defense "SUNAO"

(08.08.2018), representatives (leaders) of the teams are responsible for the safety of each member of their team.

4.8. **The protest at the competition** is accepted only in written form addressed to the name of the chief judge of the competition with the provision of video material and payment of 5000 rubles (this money is refundable only in case of a favourable decision of the protest).

## **5. DIVISIONS:**

5.1. Fights are held in the following weight categories:

Age (years)		Weight categorie (kg)											
Minim males	6-7	-21	-24	-27	-30	-33	-36	-39	-42	-45	-48	-51	51+
Minim females	6-7	-20	-25	-30	30+								
Minim males	8-9	-24	-27	-30	-33	-36	-39	-42	-45	-48	-51	-55	55+
Minim females	8-9	-20	-25	-30	-35	35+							
Cadet males	10-11	-27	-30	-33	-36	-39	-42	-45	-48	-51	-55	-60	60+
Cadet females	10-11	-25	-30	-35	-40	-45	45+						
Junior males	12-13	-32	-36	-40	-44	-48	-52	-56	-60	-64	-68	-72	72+
Junior females	12-13	-32	-36	-40	-44	-48	-52	-56	-60	-64	64+		
Junior males	14-15	-44	-48	-52	-56	-60	-64	-68	-72	-76	-80	-85	85+
Junior females	14-15	-40	-44	-48	-52	-56	-60	-64	-68	-72	-76	-80	80+
Junior males	16-17	-52	-57	-60	-64	-68	-72	-76	-80	-85	-90	-93	93+
Junior females	16-17	-44	-48	-52	-56	-60	-64	-68	-72	-76	-80	-85	85+
Under 21 males	18-20	-52	-57	-61	-66	-70	-74	-77	-80	-85	-90	-93	93+
Under 21 females	18-20	-48	-52	-56	-60	-64	-68	-72	-76	-80	-85	-90	90+
Senior males	21+	-52	-57	-61	-66	-70	-74	-77	-80	-84	-93	-120	120+
Senior females	21+	-48	-52	-57	-61	-66	-70	-74	-77	-80	-84	-93	93+
Senior males ♂	43+	-55	-60	-65	-70	-75	-80	-85	-90	-95	-100	-105	105+
Senior females ♀	37+	-50	-55	-60	-65	-70	-75	-80	-85	-90	-95	-100	100+

5.2. The fight consists of:

5.2.1. for athletes 6-11 years – 2 rounds of 1 minute; break between rounds – 30 seconds;

5.2.2. for athletes 12-15 years – 2 rounds of 1 minute and 30 seconds; break between rounds – 30 seconds;

5.2.3. for athletes 16 and 17 years – 2 rounds of 2 minutes; the break between rounds – 45 seconds;

5.2.4. for athletes 18 years and older – 2 rounds of 3 minutes; break between rounds – 1 minute.

5.2.5. for veterans – 2 rounds of 2 minutes; break between rounds – 1 minute.

## **6. AWARDS**

6.1. The winners of the amateur open international tournament on self-defense SUNAO "SUNAO Fighting Championship 5, dedicated to the day of heroes of the Fatherland" are awarded with diplomas, medals and valuable prizes.

6.2. Separate cup awarding in the nominations:

"Best Team", "Best Fight", "Best Technique", "Will to Win".

## **7. FINANCES**

7.1. Expenses for the organization and holding of competitions:

7.1.1. rent of the show-room.

7.1.2. medical services (provision of medical services for General emergency medical care with the use of an ambulance).

7.1.3. payments: judges, secretaries of competitions and service personnel (security, photographers, videographers, ring-announcer).

7.1.4. providing awards and attributes (cups, medals, diplomas).

7.1.5. manufacturing and printing furniture for competitions.

7.2. Expenses on the organization and carrying out competitions are carried out at the expense of means of the Interregional League of self-defense "SUNAO" and other attracted means.

7.3. Expenses on business trip (travel, accommodation, food, insurance) of participants of the competitions are provided by the sending organizations.

7.4. Minimum incentive for participating in the competition is set at 1000 RUB per participant

### **Receipt for payment:**

Name of the Organization: Interregional physical culture and sports public organization "League of Self-defense "SUNAO"

Short name of the Organization: IPCSPO "League of Self-defense "SUNAO"

Address: RUSSIA, 191040, St. Petersburg, Ligovsky prospect 80

Principle State Registration Number (PSRN): 1157800005880

Identification Tax Number (ITN): 7802555930

IEC: 780201001

Account № 40703810442260003716 in the branch №7806 of VTB (PJSC) St. Petersburg

Cor. account № 30101810240300000707 in the North-Western Head Office of the BANK OF RUSSIA

SWIFT: CBGURUMM

BIC: 044030707

ITN: 7710353606

Purpose of payment: **Competition fee «SUNAO Fighting Championship 5»**

**THE REGULATION REPRESENTS THE OFFICIAL CALL OF THE CEREMONY**

### Participation Form

In the open International Tournament of self-defense SUNAO «SUNAO Fighting Championship 5, dedicated to the day of heroes of the Fatherland» (22.12.2019)

Team: \_\_\_\_\_

Location: Russia, St. Petersburg, prospect Engelsa, 154, Trade Entertainment Complex "Grand Canyon".

Doctor admission date: \_\_\_/\_\_\_/ 2019

№	gender	Full name of participants	Date of Birth	Age group	Rang	Weight Category	Country	Full name of coach	Doctor signature, stamp
1									
2									
3									
4									
5									
6									
7									
8									
9									
10									
11									
12									
13									
14									
15									
16									
17									
18									
19									
20									

Doctor allowed: \_\_\_\_\_ Athlete(s)

Doctor: \_\_\_\_\_ / \_\_\_\_\_ /  
Signature, Stamp Full name

Chief: \_\_\_\_\_ / \_\_\_\_\_ /  
Signature, Stamp Full name

Contact of the Official representative (full name ,tel,e-mail): \_\_\_\_\_

**To chief referee Nunga Zhorzh Gi**

From \_\_\_\_\_  
(father's/mother's full name)  
Passport \_\_\_\_\_ series \_\_\_\_\_ No \_\_\_\_\_  
Issued by \_\_\_\_\_  
date of issue \_\_\_\_\_

**APPLICATION REQUEST**

I ask you to admit my son (daughter) \_\_\_\_\_  
(Full name of child)  
date of birth \_\_\_\_\_

to participate in the open international self-defense SUNAO tournament "SUNAO Fighting Championship 5, dedicated to the Fatherland Heroes Day", which will be held on December 22, 2019 in the sport club "LEADER SPORT" at:

Russia, St. Petersburg, prospect Engelsa, 154, Trade Entertainment Complex "Grand Canyon".

I will not have claims if my child gets injured and injury consequences. As well as in case of other unfavorable consequences during participation in the competition, including any injuries due to the use of technique permitted or not permitted by the competition rules, and/or while indoors where these competitions are held, or when preparing for these competitions. I will not have claims against the chief referee, the refereeing team, the tournament organizers, the coaching staff and the owners of the buildings in which the competitions are held.

I am aware of the rules of the self-defense SUNAO competitions.

\_\_\_\_\_  
(Full name in your own handwriting)

\_\_\_\_\_  
(signature)

\_\_\_\_\_  
(Date)

**To chief referee Nunga Zhorzh Gi**

From \_\_\_\_\_

(father's/mother's full name)

Passport \_\_\_\_\_ series \_\_\_\_\_ No \_\_\_\_\_

Issued by \_\_\_\_\_

date of issue \_\_\_\_\_

**APPLICATION REQUEST**

I ask you to admit me \_\_\_\_\_

(Full name)

\_\_\_\_\_ date of birth \_\_\_\_\_

to participate in the open international self-defense SUNAO tournament "SUNAO Fighting Championship 5, dedicated to the Fatherland Heroes Day", which will be held on December 22, 2019 in the sport club "LEADER SPORT" at:

Russia, St. Petersburg, prospect Engelsa, 154, Trade Entertainment Complex "Grand Canyon".

I will not have claims if I get injured and injury consequences. As well as in case of other unfavorable consequences during participation in the competition, including any injuries due to the use of technique permitted or not permitted by the competition rules, and/or while indoors where these competitions are held, or when preparing for these competitions. I will not have claims against the chief referee, the refereeing team, the tournament organizers, the coaching staff and the owners of the buildings in which the competitions are held.

I am aware of the rules of the self-defense SUNAO competitions.

\_\_\_\_\_  
(Full name in your own handwriting)

\_\_\_\_\_  
(signature)

\_\_\_\_\_  
(Date)